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ELI TAREQ EL BECHELANY-LYNCH

THE FATIGUE

The Fatigue is just fatigue. It
sprays my body like
a numbing agent. Say the
way I sleep might not be
working, say the way I eat
might not be working.
Hope to god the meds
start working. The other day
she said you need firmer
boundaries. Sometimes
this looks like an earlier
bedtime. Fuel your body
with hope that something
might change. Like a bowl of rice
steaming, put it in your mouth
and huff, too quick, too impatient
but if nothing changes, keep
moving. A challenge is only a challenge
once you stop trying. No, I mean
a challenge is always a challenge
when your body doesn't work right
what is right? They only say
the right side of history when
a few decades have passed. Someday
we will look back and see
much of the same. Say thank you
for your friends and the family that stay
in touch. Was it challenging? Everything is
changing. The fatigue is just fatigue
until it’s not.